

Gender & Protection Cluster

Standard Safety and Dignity Kits

Safety and Dignity Kits, help women and girls maintain their dignity during an Emergency. Preserving dignity is essential to maintain self-esteem and confidence, which is important to cope in stressful and potentially overwhelming situations. Supporting women's self-esteem and confidence also assists them in providing care and protection to their children

Your Safety and Dignity Kits should be in line with the Gender & Protection Cluster Safety and Dignity Kits requirements and should include:

1. Lava lava x2
2. Sanitary pads (washable with instructions) and disposable
3. Underwear x2
4. Nappies
5. Baby powder
6. Solar Light / torch
7. Hand Soap
8. Tooth Brush
9. Tooth Paste
10. Comb
11. Washing soap
12. Shampoo
13. Nail clipper
14. Towel
15. Slippers
16. Bucket (small for washing sanitary items)
17. Coconut oil (optional)

The Quantity of Contents your Safety and Dignity Kits should last for at least one month. This is according to SPHERE standards

Another important consideration is that women and girls are typically the primary care givers of their extended families and they tend to share the contents of the kit with their family. It is advisable to include larger quantities of some items, such as toothbrushes, underwear (Providing a range of sizes of underwear in each kit can be useful, to enable women to inter change items amongst themselves according to fit), sanitary pads, to support multiple family members.